

**SAINT JOSEPH HEALTH SYSTEM
CATHOLIC HEALTH INITIATIVES
COMMUNITY BENEFIT NARRATIVE REPORT 2009**

I. INTRODUCTION

Mission and Vision

It is the mission of Saint Joseph Health System (SJHS) and Catholic Health Initiatives (CHI) to nurture the healing ministry of the Catholic Church by bringing it new life, energy, and vitality in the 21st century. It is our fidelity to the gospel message that urges us to emphasize human dignity and social justice as we move toward the creation of healthier communities.

Saint Joseph Health System was formed in July 2008 and brought together seven Catholic Health Initiative Kentucky hospitals to form one MBO.

Saint Joseph Health System's commitment to community outreach is deeply rooted in the work of the founding congregations of religious women – the Sisters of Charity of Nazareth, Congregation of Divine Providence, and the Sisters of Charity of Cincinnati. The heart and soul of these pioneer women in health care was their commitment to community outreach to the poor and underserved. This tradition is carried on today in each of the facilities comprising the Saint Joseph Health System.

The following facilities make up Saint Joseph Health System:

- Saint Joseph Hospital, located in central and eastern Kentucky; is a 468 bed tertiary medical center. Known as Lexington's "heart hospital" it has been nationally recognized for treatment in the areas of cardiology, orthopedics, pediatrics, and stroke by Thomson Reuters and U.S. News and World Report.
- Saint Joseph East, a community hospital with 182 beds is located in the Southeastern part of Lexington, KY. Traditional inpatient and outpatient programs support the maternal and childcare, weight loss surgery, ambulatory surgery, and 24-hour emergency care offered at Saint Joseph East. It has national recognition as one of the nations Top 100 hospitals by Thomson Reuters.
- Saint Joseph - Berea, established on the grounds of Berea College in 1898, is a 25-bed critical care access hospital. The hospital includes a 24-hour emergency room, Specialty clinic, Diabetes and Nutrition Center, Sleep Wellness Center, and Surgical services. It is a 2008 Kentucky Association Clinical Patient Safety and Quality Award recipient.
- Saint Joseph - London, formerly Marymount Medical Center, an 89 bed general, acute-care hospital, provides a full range of medical, surgical and obstetrical services. It has national recognition as one of the nations Top 100 hospitals and Top 100 Cardiology facilities in the nation.
- Saint Joseph - Martin, formerly known as Our Lady of the Way Hospital, a 25-bed critical care access facility in rural Martin, Kentucky, provides patients with holistic, personalized care through the hospital's clinical services and four licensed rural health clinics. They have been awarded "Best Place To Work" for the past two years by the Kentucky Society for Human Resources Management in conjunction with the Kentucky Chamber of Commerce as one of the top 25 places to work in Kentucky. It is now an accredited Chest Pain Center.
- Saint Joseph - Mount Sterling, formerly Mary Chiles hospital, is a 63-bed hospital, delivering a wide range of services including 24-hour emergency room department, Diabetes and Nutrition center, Maternity, and surgical services.

- Saint Joseph - Jessamine RJ Corman Ambulatory Care Center, opened on January 2, 2009. It is Jessamine County's first and only full service, 24/7 emergency department. It also provides diagnostic imaging and lab services.

Primary Tax Exempt Purpose

Throughout the SJHS the emergency departments frequently serve as the primary source of care for many of the uninsured and underinsured of their respective communities. This year 188,374 visits (outpatient ED visits) were made to the emergency rooms throughout the System.

A hospital board comprised of business, physicians, and religious leaders advises and directs the CEO on issues impacting the System, as well as, strategic planning and community health needs.

All hospitals participate in Medicare, Medicaid, CHAMPUS, TRICARE and/or other government-sponsored health care programs.

II. COMMUNITY BENEFIT APPROACH

- a. Our mission to create healthy communities continually challenges us to explore with representatives of business, social agencies, and religious organizations opportunities for addressing the changing needs of our communities. We seek new ways to extend our healing ministry through projects focused on improving the health and quality of life of those we serve, especially, the poor, the underinsured and uninsured. Through the establishment of a Healthy Communities Council, Saint Joseph Health System is working with representatives from each community we serve to identify existing programs, explore community needs throughout the system and develop projects. We are currently working to develop a Violence Prevention Pilot Project with the intent it will be a model to be used throughout the system. Partnerships are key to the success of any endeavor. Plans often include collaborative efforts with County Health Departments, community agencies, school systems, mental health agencies, and community health clinics.
- b. Currently, the System does not employ dedicated staff to assist in the community benefit effort.
- c. The following "Qualitative Description of Community Benefit" Narrative Reports, by facility, address the locations and demographics of each community served. (See pages 5 – 18)
- d. SJHS follows the Catholic Health Initiatives Standards and Guidelines for the provision of charity care. Our income guidelines are based on 130% of the HUD Very Low Income Levels. We communicate this charity program to all patients through signage, information in the patient handbook, and oral communication. Any patient presenting to a facility without insurance is apprised of the available assistance programs including charity, Medicaid, and the Kentucky Hospital Care program. Financial Counselors are available to meet with patients and discuss financial assistance options. Staff counselors are at all facilities in the registration department, in the Emergency Department, and at any offsite ancillary location. Financial Counselors are also available by phone and

do a great deal of follow-up work by contacting patients soon to be turned over to a collection agency as a last effort to communicate available financial assistance alternatives.

III. QUANTITATIVE DESCRIPTION OF COMMUNITY BENEFIT

	<u>FY 2009</u>
Cost of charity care provided	31,580,218
Unpaid cost of Medicaid	13,205,585
Unpaid cost of indigent programs	8,259,250
Unpaid cost of Medicaid & indigent programs	21,464,835
Non-billed services for the poor	170,911
Cash and in-kind donation for the poor	56,213
Other benefit provided to the poor	377,470
Cost of community benefit provided to the poor	53,649,647
Non billed services for the community	503,930
Education & research provided to the community	430,263
Other benefit provided to the community	478,686
Cost of community benefit provided to the community	1,412,879
Cost of community benefit	55,062,526
Unpaid cost of Medicare	8,819,710
Total community benefit & Medicare	63,882,236
Community benefit operating expense before restructuring	9.01%
Community benefit % Medicare % operating expense before restructuring	7.76%

IV. UNCOMPENSATED CARE

As described in the above table, SJHS provides a significant level of free care each year. In fiscal year 2009, the cost of charity care provided by the organization was \$31.5 million. SJHS also incurred \$13 million in unreimbursed costs for services provided to Medicaid patients. Frequently, the cost of providing services to Medicaid patients is greater than the payments SJHS receives from the Medicaid program.

Community Benefit Report 2009
SAINT JOSEPH - BEREA

COMMUNITY BENEFIT APPROACH

Saint Joseph - Berea is located in Berea (Madison County), KY. The town has a population of 14,431 as of the 2008 census. Berea is the fastest growing town in Kentucky. Its most prominent institution is Berea College. Berea is tourist attraction due to being a large craft and art center. It is a mostly white community with approximately 4% African-American and 1% Hispanic. Berea is considered a rural, mountain area, serving people from many different economical and educational backgrounds, including a vibrant arts and craft culture, college culture, rural town culture, farmers and those from very rural mountain areas. The hospital serves patients in Madison, Rockcastle, Garrard and Jackson counties, mostly rural communities. As of the 2007 state report, approximately 19% of the residents of Madison County live in poverty.

Our mission and core values – reverence, integrity, compassion and excellence drive us to serve our community. We do that through various programs offered to the community with a focus on the poor and underserved. We have financial counselors for those who need financial assistance by helping to see what services might be available to them. Our staff is committed to treating everyone with dignity and respect regardless of their economic situation or ability to pay. We also collaborate with local organizations to assess and strive to meet the needs of our community.

QUALITATIVE DESCRIPTION OF COMMUNITY BENEFIT

I. Community Outreach for the Poor

Henrietta Child Fund provided care in the total of \$7,035 for 26 uninsured indigent patients. This care was provided to cover the following services which are not covered by the CHI and other care programs: physician, anesthesiology, and pathology fees. The fund provided dental surgery and dentures this year but the committee has stopped taking applications for this type of care because dental needs were quickly depleting the fund, leaving the possibility that true emergency cases would go without assistance.

The Indigent Care program provides medications free of charge to patients who are uninsured through various drug companies. Uninsured patients receive medications and treatments they need through our collaboration with the pharmaceutical companies. Most are for chemotherapy treatment.

Patient Assistance Program assisted 86 patients with 454 applications and reorders. At an average of \$70 a bottle, this represents \$80,570 worth of medicine including generic applications. Whereas the program assisted of as many as 600 patients in past years the reasons for the decline were:

- patients may now reorder medicines themselves
- more generics are being used
- Wal-Mart and Kroger have cheaper programs
- pharmaceutical companies are marketing their programs directly to the public through magazine and television ads
- many patients have no primary physician.

II. Community Outreach for the Broader Community

Participated in "Feed the Children" event November 20, 2008. Financial counselors provided education regarding healthcare and other programs available to low income families. SJB provided health information, healthy snacks and toys for the children.

Provided assistance to Body Recall to purchase exercise equipment for community senior fitness classes.

Provided training and supervision to eight high school students through the Junior Volunteer Program.

Provided labor supervision for the New Opportunity School. Students come for a three week internship and get exposed to various careers that they have expressed an interest in. SJ-B is responsible for overseeing their clinical process and giving them an evaluation at the end of their time with us.

We provide a service for elderly citizens that helps them to subscribe to the Lifeline program sponsored by the Public Service Commission of Kentucky. This program provides emergency personal response for the elderly. We helped 35 persons to subscribe, subsidized five of them for a total of \$2,682.95.

III. Collaborative Efforts to Improve Community Health

Blue Grass Energy Members Meeting – provided First Aid service and health fair to include Sleep Wellness Center, Diabetes Treatment Center, general service info and giveaways (including medication cards.)

Lights for Life Emergency Medical Services Fund provided 414 prescriptions at a cost of \$18,497.58 to low income uninsured patients.

IV. Health Professions Education

Provided clinical site for the Spencerian College. We precept the students and evaluate their performance while they are with us. We are also able to perform competencies on them if they want to "comp" a procedure while here.

Provided volunteer training, placement and supervision to pre-med Berea College students.

Provided supervision to interns in Health Information, Lab and Radiology.

V. Community Building Activities

Spoonbread Festival: Provided First Aid service, free helium balloons, Diabetes Treatment Center, medication cards and education, general service info. Served as presenting sponsor of the Spoonbread Festival 5K Run and provided race start site, prizes and safety volunteers.

Sponsored Chamber of Commerce members' meeting luncheon.

Community Benefit Report 2009
FLAGET MEMORIAL HOSPITAL

I. Flaget Health Connection

- Flaget Health Connection provides excellent holistic care programs to promote wellness for a healthy community. We offer:
 - Free blood pressure checks daily
 - Free glucose testing monthly
 - 55 Alive Driving Course annually
 - Grief support monthly
 - Trim Down Bardstown” annual weight loss program
 - Compassionate friends support monthly
 - Center for Health and Wellness information and referrals
 - Referrals to a multitude of community resources, including prescription help for the needy, domestic violence shelters, rape crisis lines and mental health crisis lines.
 - Weekly health information articles in *The Kentucky Standard* newspaper.
 - Community events (health fairs, symposiums, healthy community initiatives), which focus on wellness.
 - Assistance to local agencies in writing grants for healthy community projects.
 - In-kind promotion of community wellness such as health department

II. Community Education

- The new site of the Flaget Immediate Care Clinic includes a community meeting room that is open to the public.
- We continue to offer programs to the Nelson County community that promotes healthier lifestyles and preventative health. These include:
 - Smoking cessation classes (thirteen week sessions offered twice a year)
 - Support groups for moms
 - Childbirth and sibling classes
 - CPR and First aid classes
 - Health Fairs
 - Annual Flaget Baby Fair for expectant parents
 - Suicide prevention in local schools

Community Benefit Report 2009
SAINT JOSEPH HOSPITAL
SAINT JOSEPH EAST
SAINT JOSEPH - JESSAMINE

COMMUNITY BENEFIT APPROACH

Saint Joseph Hospital, located in downtown Lexington serves a diverse, multicultural and predominately poorer community.

Saint Joseph East is located in the rapidly growing southeastern part of Lexington. This part of the city is a more upperly mobile, multicultural and affluent part of the city.

Saint Joseph - Jessamine

QUALITATIVE DESCRIPTION OF COMMUNITY BENEFIT

I. Community Outreach for the Poor

Saint Joseph Hospital Free Health Clinic

Saint Joseph Hospital operates a free health clinic for residents of Central Kentucky (primary of Fayette County) who are low income and do not qualify for Medicaid services. The clinic provides primary health care services. In FY09, the clinic served 3,068 persons. The clinic collaborates with other free clinics in the area and has assisted the city of Lexington in a community wide project to serve 2,000 additional uninsured people in calendar year 2009.

PharmAid Program and Prescription Assistance

Saint Joseph Hospital, Saint Joseph East and Saint Joseph Jessamine strive to ensure our patients have the prescriptions needed to further their healing process when they leave our facility. We have a number of programs to assist. Saint Joseph employs a social worker to assist low income patients find resources to provide their prescription medication at low or no cost. If the medication is not available through one of these programs, or if the patient does not qualify, our pastoral care team will use funds that have been donated by our employees for this purpose.

Baby Health Services

Saint Joseph Hospital provides space and utilities to the Baby Health Services, which serves low income children in Fayette County.

II. Community Outreach for the Broader Community

Appalachian Outreach Program

Appalachian Outreach Program is a community based program that provides home visits for patients discharged from Saint Joseph Hospital, Saint Joseph East, Saint Joseph Berea, and Saint Joseph Mount Sterling. The services provided include pastoral spiritual care, social work and clinical nutrition and dietitian consultation / education for the patient and care giver / immediate family.

Eastern Kentucky Mobile Clinic

The Eastern Kentucky Mobile Health Service provides primary medical / health care services in Morgan, Wolfe and Lawrence counties. These sites are in high-risk very remote rural areas of eastern Kentucky. The MHS utilizes a forty-foot long, eight-foot wide and twelve-foot tall coach to deliver the services. The services provided include health promotion, prevention, monitoring of illness and referrals. Practitioners accomplish this through a primary care model which includes assessments, counseling, education and screening.

Saint Joseph Hospital has a Service Provider Agreement with the Kentucky Cabinet of Families and Health Services for the management of the Service. Since 2003, we have been successful in obtaining several federal grants that has allowed the use of telehealth technology on the service and to connect many collaborating agencies that include hospitals, health departments, schools and mental health providers.

Perinatal Education

Saint Joseph East has a well established community education program on breastfeeding, childbirth preparation and teen parent care for newborns. This program educated 360 participants during 2009. They also hold a Maternity Fair that provides education to the attendees. There were 900 attendees at this community event.

III. Collaborative Efforts to Improve Community Health

Saint Joseph Hospital and Saint Joseph East participates in collaborations with the local government, the Lexington-Fayette County Health Department, and other healthcare facilities to evaluate and improve the community health. FY09 efforts were focused on finding primary care “homes” for an additional 2,000 uninsured people.

IV. Health Professions Education

Saint Joseph Hospital, Saint Joseph East and Saint Joseph Jessamine serves as a clinical education site for medical professionals. In fiscal year 2009, Saint Joseph assisted in the education, through classes and residency programs, of the following health professionals: medical students, family practice residents, Pharm D students, physical therapy students, respiratory therapy students, radiology students, nursing students; social work students, and surgical technicians.

V. Community Building Activities

Saint Joseph works with several community partnerships in an effort to improve the health status of our community. Saint Joseph supports the participation of employees on several foundation and community boards. Saint Joseph supports through both monetary donations and employee educators, the continuing education and support of several foundations working for a healthier community (e.g. American Cancer Society, Ronald McDonald House, YMCA Black Achievers, Camp Horsin' Around, American heart Association, American Diabetes Association, the etc.)

Saint Joseph also participates in education of healthy living through offering Hand Hygiene; Sleep Wellness, Bariatric, and diabetes education at schools and businesses throughout central Kentucky.

Community Benefit Report 2009 **SAINT JOSEPH - LONDON**

COMMUNITY BENEFIT APPROACH

The mission of **Saint Joseph - London** (SJL) has not changed in over 60 years, to provide quality healthcare to everyone in need regardless of their financial status or ability to pay.

Located at the foothills of Appalachia in Southeastern Kentucky, the hospital has had a long commitment to providing a healing ministry to the people of the area. The city of London has approximately 10,000 residents. It is located in Laurel Co. which has a population of over 52,000. The median household income is \$27,000 (2008). The hospital's primary service area covers Laurel, Jackson, Clay & Whitley counties. These counties have a high percentage of individuals living below the poverty level (Clay 41.9%, Jackson 34.1% and Laurel 22.%) 2007 data.

QUALITATIVE DESCRIPTION OF COMMUNITY BENEFIT:

I. Community Outreach for the Poor

The following programs address specific areas of need within the community:

Baby Fest – Each year, this event draws families from all over the Tri-County area. This year the program was revamped to include a required 2 hours of education by participants. The education component then entitled participants to attend the festival. This year's program targeted "Teen Moms". The one day event had over 285 participants with 37 vendors providing information to attendees. Baby Fest is a program that has been initiated by Southeastern Kentucky AHEC to assist young moms, many who are teenagers, in the care of their newborns, infants and toddlers. The committee consists of members from SJL, Baptist Regional Medical Center, and Laurel and Whitley County Health Departments. These groups have partnered together with AHEC to put together community education programs for expectant mothers, which include topics on signs and symptoms of labor, nutrition/breast feeding, care of newborn and car seat safety.

Childbirth Classes – Seventy-nine participants attended the sessions which included CPR training and an instruction in proper car seat safety by certified car seat staff. The classes are free of charge and provide participants with books and materials that they can keep for reference.

Uninsured Awareness Day –For four days staff traveled to different locations, setting up booths and tables to spread the word about current programs available for the uninsured and underinsured. Locations were chosen based on high traffic areas where we would likely encounter individuals who could benefit from the information.

Seed Luncheons The local Catholic Church asked us to partner with them and provide education on health and other pertinent issues at a monthly luncheon held for senior adults in the area.

Kentucky Home Place –Kentucky Home Place (KHP) is a state funded program That works directly with the poor to address their housing, health and utility needs. From July through December of 2008 our staff conducted monthly diabetic and CHF clinics. They also provided flu shots, cholesterol checks and

education, to the clients of KHP. January through June of 2009 KHP was closed due to State budgetary constraints.

Summer Feeding Program – SJL partnered again with the local United Way to provide meals for children over an eight-week period at a local public housing site

II. **Community Outreach for the Broader Community**

The following outlines projects/programs provided to the community.

Educational Projects and Programs

- **SJL Co-sponsored the Following Events.** Staff provided time to organizing and planning the following events this year:
 - The Cardiac Symposium
 - A Diabetic Symposium
 - Cancer Survivors Dinner
 - Go Red for Women

Throughout the year, members of our staff have provided education on various topics to the public. These courses included:

- Lactation Classes
- Breastfeeding Classes
- Sexual Assault
- Diabetic Education

III. **Collaborative Efforts to Improve Community Health**

Healthy Children's Initiative

In the Winter of 2005 we sponsored a Town Hall meeting in an effort to identify health needs of the community. Through that process participants addressed the issue of living within the "Cardiac Valley" of Kentucky. Obesity and its impact on so many health issues became a main focus. It became clear at that meeting that the issue needed to be addressed, and needed to start with young children. The identified group became K-3rd graders and so was launched the Healthy Children's Initiative. Our goal was to improve the overall health of our Laurel Co. children by increasing physical activity and nutrition education in 12 elementary schools over a five year period beginning in Aug. '06. Our measurement tool was BMI reporting and later would include tracking reported behavioral changes in dietary and lifestyle within the home. Nothing would have been accomplished without the collaborative work of school districts, Health Department, University of Kentucky Extension Office, civic and religious groups and a host of concerned community volunteers. This past May concluded the third year of the program with over 2000 children enrolled. The program established an exercise program within the schools—no PE was being offered before we began the Initiative. It established a nutritional program on healthier eating habits and introduced many students to new foods. By May of this year we could report a 3% decrease in the overall obesity rate of those children involved in the program since its beginning in 2005, from 37% to 34%

CHF Outreach Program

The primary goal for this project, begun in July of 2008, is to educate and assist congestive heart failure patients in monitoring and controlling their chronic disease process by providing: education, an outreach CHF nurse, and

In addition we have established a Pharmaceutical Assistance Program to assist with medication needs of CHF and Diabetic patients.

Education Medical Professionals

SJL serves as a clinical education site for the following areas of study: nursing, public health, radiology, laboratory, health information, pharmacy, respiratory therapy, paramedics and cardiac cath technicians.

Health Screenings/Health Fairs/Support Groups

Saint Joseph – London participated in several health Screenings and Fairs within the community. The screenings have included such services as blood pressure, glucose, and cholesterol checks as well as body fat analysis. Information is also provided on Advance Directives, Domestic Violence and KODA. For many of our community, this is their only means of obtaining health checks. We work closely with company HR departments or Health Nurses on follow-up issues of employees who are at risk.

Support Groups - provide a way for individuals to network and gain information, insight and support from and with others experiencing a similar disease process. These groups include:

- Look Good/Feel Better
- Diabetes Support Group .
- Living With Grief

Community Benefit Report 2009
SAINT JOSEPH - MARTIN

COMMUNITY BENEFIT APPROACH

Saint Joseph - Martin (SJM) is located in Floyd County with a population just over 42 thousand. There are two other hospitals in the county, Highlands Regional Medical Center – a 184 bed not-for-profit, and McDowell Appalachian Regional – a critical access hospital and a member of the Appalachian Regional Healthcare. Floyd County's median household income was \$25,912 in 2008.

All people are served at SJM regardless of race, religion or financial standing. The emergency department is a Level III and provides 24-hour, seven-day-a-week physician supervised lifesaving responses to serious illnesses and injuries.

Saint Joseph – Martin also operates four rural health clinics that are located in different areas of Floyd County. One of the clinics is located in Wheelwright, the southern part of the county. Wheelwright has nearly 37 percent of its families below the poverty line.

Area schools collaborate with Saint Joseph – Martin to utilize the facility for training and education of health care professionals. Students from many disciplines – medical school, nursing, pharmacy, physical therapy, laboratory, cardiopulmonary and radiology have all participated in their respective training programs at SJM.

Saint Joseph – Martin 's mission and core values are the cornerstone and compass for employees to use in caring for our patients and the community.

Saint Joseph – Martin serves Floyd, Knott, Pike, Johnson, and Martin Counties, all designated as medically underserved areas and populations by the U.S. Department of Health and Human Services, Health Resources and Services Administration, Bureau of Primary Health Care (<http://bphc.hrsa.gov/databases/newmua/Results.CFM>.) Four counties are Health Professional Shortage Areas, one designated as low income population

Saint Joseph – Martin declares that their community benefit is for the poor.. In the Floyd County Public Schools, there are 6,209 students enrolled and of this number 74% receive free or reduced meals – (3,915 free and 677 reduced).

Floyd County's median household money income is \$25,912 compared to Kentucky's \$37,956. Kentucky has the 4th highest poverty rates in the US at 16.3%. Floyd County is considered one of the poorest with a poverty rate of 26.8 percent.

Saint Joseph - Martin's market share is 11 percent, but provides 25 to 30 percent of the area's uncompensated care. Saint Joseph – Martin also provides more indigent care than some hospitals of the same size elsewhere in Eastern Kentucky (*Lexington Herald Leader* January 2, 2003.)

Most Recent Needs Assessment - In May of 2003, Our Lady of the Way Hospital (OLWH) now Saint Joseph – Martin began a healthy community initiative. All Floyd County hospitals, Floyd County Health Department, Floyd County School System, legal

representatives, law enforcement, ministerial association, media and the community-at-large were invited to participate. Today, all entities are represented as the Healthy Floyd County 2010 Coordinating Committee and all are equal in decision making.

In the spring of 2004, a needs assessment and from the assessment as well as stakeholder input, three action teams were formed: Health – Drug Abuse; Economy – Employment; and, Education and are still active today.

In the spring 2005, Our Lady of the Way Hospital conducted four focus groups – consumers, healthcare providers, business & industry, and religious leaders – to address the important issue of improving healthcare access in our community. Many issues were discussed, but dental/oral health care was chosen as a new initiative. November 2005. A sub-committee was formed from the Healthy Floyd County 2010 Coordinating Committee to head up the Dental/Oral Health care initiative.

The next needs assessment will be planned for Spring 2010.

Saint Joseph – Martin collaborates with the majority of agencies, businesses and other entities each year to conduct programs, projects or other activities for the community. Collaborators are identified according to the cause. Some of the collaborators include: Floyd County Schools, Floyd County Family Resource Youth Services Centers, Floyd County Health Department, Kentucky State Police, Post 9, Mountain Regional Prevention Center, area hairdressers, Community Based Services, Graceway United Methodist Church, Community Based Services and Wal-Mart.

Saint Joseph – Martin dedicates 2.5 FTEs for community outreach and has the only designated community outreach program in the area. (Until July 2009, the department had three (3) FTEs.

QUALITATIVE DESCRIPTION OF COMMUNITY BENEFIT

I. Community Outreach for the Poor

As indicated above, 99% of our programs are for the poor.

Administration and management of Saint Joseph - Martin continue to lead and be champions for collaborative efforts and networking with the community to fulfill the goal of building a healthier community through the works of the Healthy Floyd County 2010 Initiative.

The Drug Action Team, one of the four original Healthy Floyd County 2010 Action Teams – Drug, Economy/Employment, Education and Dental/Oral Health – has made great strides working collaboratively to reach their goals.

- Drug Action Team
 - To share information about six most common abused drugs of the area with all parents of middle and high school students through a media campaign using post cards.
 - This was completed.
 - To lobby for mandatory drug education be provided for all students of the Floyd County Schools.
 - Completed and the team compromised with all middle schools receiving drug education this present school year and adding primary grades next school year.

- Team members work closely with Operation UNITE – Unlawful Narcotics Investigation Treatment and Education – a federal program initiated by Rep. Hal Rogers to assist in dealing with the drug epidemic in our area. Also, the chairperson is serving on the Floyd County Schools Tobacco Policy Committee.
- Team members also work closely with Pike/Floyd ASAP – Agency for Substance Abuse Policy – a state program established in 2000 to help manage local policies that will help overcome illegal drugs and underage tobacco use.

The Dental/Oral Health Care Initiative was a result of four focus groups – consumers, healthcare providers, business & industry, and religious leaders – who met in 2005 to address the important issue of improving healthcare access in our community.

The goal for the 2008-2009 Floyd County school-based oral health program was to conduct school-based oral health screening and hygiene, and application of fluoride varnish and sealants as recommended by the screening dentists, for all Floyd County Head Start students, and public school students in preschool and grades 1-4.

During the 2008-2009 school year, 569 Floyd County students were screened with parental permission. An update was provided to the Floyd County School Board and the committee received praise.

The Dental/Oral Health program will continue in the 2009-2010 school year.

The Back to School Health Fair began in 1998. We organized the event, but there are many agencies, businesses, schools, etc., involved. It is for Floyd County students. (SJM is in Floyd County.) It is held at one of the Floyd County Schools and students can receive school supplies, a variety of information about, nutrition, tobacco use, dental care, ID cards for K, 2nd and 4th, school entry or 6th grade physical, or information for parents about Social Security and the GED program. Our average attendance is 300 to 400 students. This year we were down in number, but it is a consensus of those involved that the gas prices hindered the turnout.

We have also performed free athletic physicals for the students. Initially, they were part of the one day event, but the numbers were overwhelming, so we broke them out for their own day and done in different areas of the county. On average, we do about 180 physicals. This is a tremendous benefit for our community. The cost for a physical is around \$100.00.

Collaborating partners are: Floyd County Health Department, Floyd County Schools, Social Security Administration, Floyd County Extension Office, Mountain Regional Prevention Center, Big Sandy Community & Technical College GED Program, Big Sandy Healthcare and Healthy Floyd County 2010 Dental/Oral Health team.

Area hairdressers donate 100+ haircuts and a variety of products each year. And, we work with one of the local churches who host a clothing give-away the same day. There are around 500 people who take advantage of this service.

II. Community Outreach for the Broader Community

Leadership in the Community

Saint Joseph – Martin has a strong presence in the community and is recognized for the exemplary quality of care that is provided to our patients. Also, the administration and staff serve on more than 30 local, state and regional boards, advisory councils and coalitions.

The annual Senior Health Fest was held on Thursday, October 11th at the Graceway Methodist Church.

The ninth annual Back to School Health Fair was conducted Wednesday, July 18th and services were provided for 345 Floyd County students.

In early July, Saint Joseph Martin's physician assistants Billie Ratliff, Mike Williams and Jason Conley conducted 187 athletic physicals for Floyd County student athletes at the Betsy Layne, Seton, Wheelwright and Martin Rural Health Centers.

In May, five SJM managers collaborated with a local school to conduct senior interviews. This was an English IV assignment for the student. Each student was required to complete a resume and write a letter of inquiry to an organization about available jobs in the realm of their career interest.

In May, Saint Joseph – Martin's Relay for Life committee "painted the town" of Martin purple. The color of purple represents HOPE for those affected by cancer. Purple bows were sold and then displayed as a representation for the community that we HOPE for a future where cancer is no longer a life threatening disease.

Also in May, the 12th annual Practice Prom Pride program was held with 800 junior and senior Floyd County students present. There has not been a teen fatality on prom night or graduation night since the program began. We are grateful and know that we have a loving God!

Advocacy – Saint Joseph – Martin participated in the *Cover the Uninsured Week* with activities as described above.

Also, employees were encouraged throughout the year to contact their legislators concerning issues of interest as they developed including Medicare's reimbursement and immigration policy.

III. Collaborative Efforts to Improve Community Health

Healthy Floyd County Coordinating Committee

The Healthy Floyd County Coordinating Committee remains committed to building a healthier community. A representative from each of the original organizations continues to be involved and is a champion for the initiative.

Three action teams, Drug Action Team, Education Action Team and the Dental/Oral Health Team, of the Healthy Floyd County 2010 initiative continue their effort in building a healthier community.

IV. Community Health Outreach

Saint Joseph Martin's Community Health Outreach department collaborates with all schools and many community organizations to provide prevention programs. Some programs are: Tobacco Prevention, Diabetes, CPR and Respect.

V. Education of Medical Professionals

Saint Joseph – Martin continues to serve as a clinical site for health professionals: medical students, nursing students, physical therapy students and phlebotomy students.

VI. National Health Themes

Saint Joseph – Martin participates in many annually recognized health themes to build community awareness.

- February – *Go Red for Women* – Bringing awareness of women and heart disease.
- April – *Cover the Uninsured Week* – Reported under Community Outreach for the Poor
- April – Child Abuse Prevention Month – The Community Outreach department hosted booths in area schools and provided blue ribbons. Ribbons were also provided for the staff.

Community Benefit Report 2009
SAINT JOSEPH – MOUNT STERLING

COMMUNITY BENEFIT APPROACH

Saint Joseph - Mount Sterling was founded as Mary Chiles Hospital, a 63 bed, not-for-profit community hospital in 1918. The Governing Board of Mary Chiles Hospital embraced the mission, vision, and values of Saint Joseph Health System transitioning the local community hospital into the religious congregation of Catholic Health Initiatives and Saint Joseph Health System as of August 1, 2007.

Saint Joseph - Mount Sterling operates a 24-hour emergency room 365 days per year. The emergency room is open to all individuals regardless of their ability to pay.

Saint Joseph - Mount Sterling follows the mission by caring for people beyond their hospital needs into our local communities in Montgomery, Bath and Menifee counties. We are dedicated to serve our patients and communities through our services and in collaboration with other local organizations. In keeping with our mission, Saint Joseph Mount Sterling continues to expand and promote services and programs to create healthier communities.

QUALITATIVE DESCRIPTION OF COMMUNITY BENEFIT

I. Community Outreach for the Poor

Working with the Montgomery County School System Family Resource Center, the Hospital sponsors children in need over the holiday season.

Employees of Saint Joseph - Mount Sterling provide various health screenings, blood sugar and cholesterol screenings, blood pressure checks, prescription information, colon cancer screenings, tobacco-free information and other miscellaneous health education information at health fairs and fall festivals in Montgomery, Bath and Menifee County Communities and industries. Many of those served at these events are among the counties poor, underserved and uninsured.

II. Community Outreach for the Broader Community

Through the bereavement program at Saint Joseph - Mount Sterling, healing continues when patients leave the hospital. Two bereavement support members have trained hospital staff on how to handle loss. They provide emotional support to patients and their families to go along with their physical healing. In 1988, President Reagan proclaimed October as Pregnancy and Infant Loss Awareness Month. Ten years later, Saint Joseph Mount Sterling initiated A Walk to Remember in Mount Sterling. The walk takes place on the first Sunday in October. The ceremony evolved from the bereavement program and is sponsored by the hospital. It is a day set aside for people to come together and acknowledge and honor the child they lost. No one is turned away, and those who have lost a child of any age are welcome.

Saint Joseph - Mount Sterling is a sponsor for The Better Breathers Club. This support group setting educates the public about lung disease.

Free Smoking Cessation Classes are available to anyone within Saint Joseph - Mount Sterling's service area. The classes are facilitated by the Hospital.

Saint Joseph - Mount Sterling and its employees are members of various coalitions within the community. The Hospital provides free meeting room space and free lunches for the meetings. The most notable of these coalitions is the Asthma Coalition, which raises awareness of and educates the public about asthma; Champion Montgomery County, which raises awareness about drug, alcohol and tobacco abuse; and the Cancer Coalition which raises awareness of and educates the public about cancer.

Saint Joseph - Mount Sterling in collaboration with the Montgomery County Cancer Coalition Health Forum, sponsors a health forum about cancer, specifically directed to women in Montgomery, Bath and Menifee Counties.

Saint Joseph - Mount Sterling provides free education and support to the community for Diabetes Education. A local support group provides educational information for people in the community who have diabetes.

The Hospital actively supports various community events and organizations. These sponsorships and/or donations include – Second Sunday Exercise Program, Montgomery County Health Department VERB summer exercise programs, Mount Sterling Main Street Program, Owingsville Renaissance Festival, Montgomery County Council for the Arts, Montgomery County 4-H, Morehead State University at Mount Sterling, Montgomery County Parks & Recreation Adult Program, Gateway Children's Services and Bluegrass Council Boy Scouts.

III. Health Professions Education

Saint Joseph - Mount Sterling serves as a clinical site for health professionals including students pursuing careers in nursing and imaging services.

Employees annually provide assistance to several community fundraisers to promote health and wellness. The most notable of these events are the American Cancer Society Relay for Life (Montgomery and Bath Counties), American Heart Association Go Red for Women Campaign and Bowl for Kids.