

*Comments from previous CARE
Nurse Externs.....*

- “The most important think that I learned this summer was to see how real nurses interact with all the patients.”
- “I learned how important it is to communicate and interact with the patients and families”
- “See everything that you can see. This is a great experience. Just do it!”
- “This summer I gained self confidence in knowing that I am where I need to be – in the right place as a nursing student.”
- “I learned head to toe assessment all the way from bed baths, vitals, filling water pitchers, to dressing changes, reading charts, doctor’s orders. The experiences in the Operating Room and Heart Cath Labs were awesome!”
- “Be a sponge, absorb everything that you can!”
- “It was a fantastic experience. I feel more self confident and self assured regarding my career choice.”

“As much as I have enjoyed and learned from this summer, I’m now ready to concentrate on school. I feel like I’ve learned so much and I don’t think I could have done so at just any summer job. I feel much more confident about my nursing skills, such as medication administration, as well as people skills. This has been a wonderful experience. I don’t know how I can thank everyone for being so patient with me through this whole experience, especially my preceptor. I believe my grades are going to prove how much I’ve learned this summer. I will carry these experiences with me throughout my nursing career and never forget my summer at St. Joseph.” – Final Journal Entry (used with permission).

*Misty Penn, Saint Joseph Health System 2001
CARE Extern, Transitional Care Unit*



S. Joseph Health System

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**SAINT JOSEPH
HEALTH SYSTEM**

**2009 CARE
Nurse Externship**

*for Senior Registered
Nursing Students*

May 18th through July 24th



♥Clinical ♥ Associate♥
♥Resource♥ Enhancement♥

SAINT JOSEPH *CARE EXTERNSHIP*

The CARE Externship is a ten-week summer program (May 18 – July 24, 2009) offered by Saint Joseph Health System and the Eastern Kentucky University Baccalaureate Nursing Program.

The CARE Externship provides an opportunity for nursing students who are entering the senior level of nursing school in the Spring/Fall of 2009 to gain clinical experience in the acute care setting. The program affords a nursing student the opportunity for full-time employment of 36 to 40 hours per week with pay and pertinent differential pay for evening shift and weekends. Clinical rotations will include opportunities at Saint Joseph Hospital and Saint Joseph East in a variety of patient care areas. Upon completion of the externship, the student may desire to remain as a member of the staff in a nurse technician role.

The focus of the CARE program is to enhance nursing skills and knowledge acquired in the basic nursing core courses by providing opportunities for students to apply theory to practice. The Kentucky Board of Nursing, clinical agencies, and the ECU BSN Advisory Committee promote student externships as a method

to bridge the gap between education and practice.

The CARE Externship Program includes professional workshop days and eight hours of a “special” clinical experience per your request.

Previous CARE Externs have chosen a variety of “special experiences” including the opportunity to:

- Experience the miracle of birth
- Work beside a Nurse Practitioner on the Saint Joseph Mobile Clinic
- Journey with a patient through admission, surgery, and recovery
- Observe special procedures such as cardiac cath, PTCA, stent placement
- Spend a day with a Clinical Nurse Specialist or ET Nurse

CARE Externs function as a non-licensed staff member with a higher level of skill activity under the direction of a Saint Joseph Registered Nurse Clinical Coach and a Co-Faculty member of the Eastern Kentucky University Baccalaureate College of Allied Health and Nursing. Three college credit hours from Eastern Kentucky University will be awarded for successful completion of the summer program. A \$17 fee is charged for non-EKU students to cover student liability insurance premiums.

How to Apply

Applicants must complete the employment process with the Human Resources Department at Saint Joseph Health System. This includes:

- Employment Application
- Resume
- Transcripts
- Two clinical references from Nursing Instructors
- Interview Process
- Pre-placement Drug Screen and Health Questionnaire (if offered employment).

Who do I contact for further information?

Tonya M. Brock

Human Resources Recruiter

Human Resources Department

Saint Joseph East

One Saint Joseph Drive

Lexington, Kentucky 40504

Phone (859) 967-5755

Visit the Saint Joseph Health System web site at www.sjhlex.org